

## RM3V REGULATIONS EXTRACT

The Roller and Roller ski “Marathon des 3 Vallées” and the randonnée (cool run) are organised by the ROBB club.

### Events:

Hereunder are the various events suggested during this meeting:

- ❖ Young Race (SuperMini, Mini, Poussin and Benjamin categories): between 400 and 1200 meters long
- ❖ Individual Racing Against Time ( Roller: Minime to Veteran categories & Roller Ski: Benjamin to Veteran categories): 1200 meters long
- ❖ Marathon on open circuit ( Minime to Veteran categories): 30km
- ❖ Randonnée (cool run) from 10 years old :10 km

Categories reminder:

Poussin	(10-11 years old)
Benjamin	(12-13 years old)
Minime	(14-15 years old)
Cadet	(16-17 years old)
Junior Homme	(18-19 years old)
Senior Femme	(18-34 years old)
Senior Homme	(20-34 years old)
Vétéran 1	(35-49 years old)
Vétéran 2	(From 50 years old)

### Art.1 Commitment

The 30km roller and roller ski and the Race Against Time events **are opened to all licensed or non-licensed skaters from the minime, cadet, junior, senior, veteran 1 and veteran 2 men and women categories.**

The Young Race is only **opened to licensed skaters from the Poussin and Benjamin boys and girls categories.**

The 10km run alias randonnée is **opened to all licensed or non-licensed skaters being minimum 10 years old.**

For all the races except the randonnée:

All the licensed skaters have to enclose **a copy of their year's license** at FFRS to their registration form.

All the non-licensed skaters will have to provide with their registration form **a medical certificate that is no more than 1 year old on race day and that certifies their ability to participate in the sport of roller skating.**

A parental authorization for minor children is mandatory.

The organisation cannot be held responsible for any accident or event caused by bad health during the race. Participants have to study the routes before starting either thanks to information available on our website <http://rm3v.free.fr> or by the information boards with maps at the Roller Village on race day.

### Art.2 Participation

The time limit for the 30km Marathon Race is 2 hours.

While skating on the circuit, the organisation will close progressively the roads respecting estimated time of crossing. Therefore, all the skaters considered out of time will be compelled to get on the last bus.

If they refuse, they will be automatically disqualified from the race and they will no longer be under the Organiser's responsibility.

### **Art.3 Registrations**

For registration, you must fill in the **official form** ("bulletin officiel") and send it directly to the organisation.

Any registration form incomplete or not clear enough can be rejected.

To make organisation work easier for the Young race and Race Against Time, registrations **must** be received by postal mail **before September 14<sup>th</sup>**.

However, for the 30km Marathon race, registrations can be done directly at the Roller Village office between 10 and **12 am** with a 7 euro extra.

For the Randonnée, registrations on site can be done between 10 am and 4 pm without any extra fees.

Caution: For the Race Against Time and Young Race, **no registration on site will be done and all requests must be registered before September 14<sup>th</sup>**.

In case a correctly registered skater is absent on the starting line, the organisation will not refund the registration fees.

#### **Registration fees:**

<b>Race Against Time – Roller</b>	<b>: 3 euros</b>	<b>(no registration on site)</b>
<b>Race Against Time – Ski Roller</b>	<b>: 3 euros</b>	<b>(no registration on site)</b>
<b>Young Race</b>	<b>: 3 euros</b>	<b>(no registration on site)</b>
<b>30km Marathon Race – Roller</b>	<b>: 10 euros</b>	<b>(7 euros extra for on site registration)</b>
<b>30km Marathon Race – Ski Roller</b>	<b>: 10 euros</b>	<b>(7 euros extra for on site registration)</b>
<b>Randonnée</b>	<b>: 3 euros</b>	
<b>Race Against Time + 30km</b>	<b>: 13 euros – only before 14/09</b>	
<b>After 14/9, only 30km Marathon Race</b>	<b>: 17 euros</b>	

**In case the race is cancelled for circumstances or events outside the organisation's control, or if a skater could not participate to the Marathon or the Randonnée whatever the reason, no refunding of the registration fees and no compensation will be done.**

Registration forms with payment (Cheque in Euromade out to "ROBB") **and** medical certificate or licence copy have to be sent to:

RM3V– Inscriptions  
27 route de Granville  
91530 Le Val St Germain  
e-mail : [rm3v@free.fr](mailto:rm3v@free.fr)

### **Art.4 Numbers:**

Numbers will be attributed on Sunday September 19<sup>st</sup> at the Roller Village office just in front of the Sport Hall of St Chéron ( 91 subdivision) between 9 and **11 am**.

Do not forget 12 safety pins to fix numbers: one on right thigh and the other on top of your back (left thigh not mandatory)

### **Art.5 Helmet:**

All participants must wear helmets while racing or skating for each event.

Ski Roller participants must wear helmets and protection glasses.

The organisation cannot be held responsible in case of accident if these rules are not respected.

Any skater **without helmet** will not be allowed to go **on the starting line** of any event. In the same way, any skater taking off his helmet **during** the race will be immediately **disqualified**.

All others protection gears (kneepads, elbow pads and wrist pads) are strongly recommended.

### **Art.6 Medical assistance:**

Medical assistance is under the Protection Civile's responsibility. Their representatives have all the decision power to get a skater out of the race for any medical reason.

### **Art.7 Security:**

For the whole event including the Race Against Time, participants must respect the **highway code rules** and must stand on the right side of the road.

**Race stewards and signallers** despatched by the organisation are in charge of road security. Participants must respect carefully the instructions coming from the signallers and the motorized team guiding the race.

These representatives of the organisation have all the decision power to get a skater out of the race for any behaviour deemed to be dangerous for himself or for others participants.

The organisation cannot be held responsible in case of non respect of these rules and kindly invite any skater to comply with them. Movements out of the race are under the skaters' responsibility. Caution: there is no warm-up area defined.

Bikes, motorcycles or any others **vehicles related to a competitor are strictly forbidden** on the route during the race otherwise the competitor is disqualified. We recommend family, friends and others people to get to the place they want before the race begin and to use a parallel road to get back to the Roller Village.

A **bus from the organisation** will ensure the transport back to the Village of the "out of time" and "retired" skaters.

### **Art.8 : Civil Liability Insurance:**

The organisers have taken out a Civil Liability Insurance for all the skaters correctly registered according to the organisation.

Licensed skaters benefit from all the guarantees covered by the insurance linked to their license.

We recommend to any participant to make sure personally or to check the cover rate offered by his license or by any other company covering this activity.

Equipment damage insurance: equipment damages in case of fall or theft are not covered by our insurance policy.

The organisation cannot be held responsible in case of accident happening to any person who does not follow the instructions given by the organisation or to any person who has left the route of the race by his own means.

The organisation declines its responsibility for a robbery or any other incident happening on parking areas.

### **Art.9 : Ranking and results:**

Timing will not be done by electronic chip but in a traditional way using videos and arrival judges.

For ranking reasons, it is mandatory for all competitors to wear their numbers as follows: one on their back and the other on their right thigh, the most important.

The official ranking determined after each race will have to be signed by the referee judge to be valid. It will be released as soon as possible either on boards at the Roller Village or on the RM3V website: <http://rm3v.free.fr>

Prizes will be awarded following the age and sex categories, without making level difference (Poussin, Benjamin, Minime, Cadet, Junior, Senior, Vétéran1, Vétéran2 in roller categories and same for roller ski categories)

To get their prizes, athletes must participate to the prize giving ceremony in the afternoon.

### **Art.10 : Specific regulations:**

- ❖ In any case, **no transportation, accommodation or food expenses for participants will be paid or refunded** by the organisation.
- ❖ Over the 30km Marathon race, there will be 3 **supplying points**: km 10, km 20 Courson and at the arrival.  
The skaters who want to get cold drinks must anticipate and remain on the **right** side of the road.  
For security and environmental reasons, we kindly ask the skaters to get rid of their bottles as close to a signaller as possible.
- ❖ For the **Race Against Time**, it is compulsory to follow these rules:
  - 🚦 Each racer will have to get to the signature control area 15 minutes before starting hour.
  - 🚦 No starting hour will be delayed once the organisation comity has defined the starting order. If a skater is late on starting line, we will deduct this delay from his initial starting time.  
Starting hours will be stuck on information boards at the Roller Village at 9 am latest.
- ❖ There **will not be lockers** for personal luggage and material. Any **luggage** given to the organisation remains under the owner's responsibility.
- ❖ Each participant agrees to **cede** to the RM3V organizers **the right to use his or her image** except if it is clearly notified in a written letter.
- ❖ During the Randonnée, children from the Breux-Jouy elementary school will join the parade and will be under parents' responsibility.

### **Art.11 : Information privacy:**

In conformity with law N° 78-17 dated January 6, 1978, each participant may exercise his or her right to access and to rectify any information concerning him or herself.

Through our organisation, you can receive adverts from other companies. If you do not wish to receive them, just send a written courier with your surname, first name and address.

**Each participant requesting his registration to an event commits to respect the whole present regulation**